

Cosmetic Surgery Recovery Shopping List

To help ensure a smooth and comfortable recovery after your cosmetic procedure, please have the following items ready at home.

	Upper Blepharoplasty Only	Upper and Lower Blepharoplasty and/or Brow Lift	Laser Treatment
2 Gel Eye Masks	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Hypochlorous Acid Spray	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Distilled Water	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Clean Rag or Gauze	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Artificial Tear Drops Single Vial, Preservative Free	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Artificial Tear Ointment Ex. Refresh P.M. or Systane Nighttime Ointment		<input checked="" type="checkbox"/>	
Distilled White Vinegar			<input checked="" type="checkbox"/>
Occlusive Ointment			<input checked="" type="checkbox"/>
Sun Shield Should block UVA + UVB			<input checked="" type="checkbox"/>

These items support comfort, cleanliness, and proper healing. Your care team will guide you on how and when to use each item.

Additional helpful items can be found on the CO2 Laser Resurfacing Patient Care Guide.

If you have any questions, please contact our office at 843-790-7582.