



## Cosmetic Recovery Shopping List

To help ensure a smooth and comfortable recovery after your cosmetic procedure, please have the following items ready at home:

- o 2 Gel Eye Masks — to alternate for consistent cooling relief
- o Distilled Water
- o Vinegar (if undergoing laser treatment)
- o Clean Rag or Gauze
- o Hypochlorous Acid Spray
- o Extra Strength Tylenol®

These items support comfort, cleanliness, and proper healing. Your care team will guide you on how and when to use each item.

If you have any questions, please contact our office at 843-790-7582.

We look forward to supporting you throughout your recovery!